



**JACKSON-REED
HIGH SCHOOL**

RAISING RESILIENCE:



Fostering Strength, Confidence, and Growth in Our Children
with DBH Clinical Psychologist, Dr. Perette Arrington

WHAT TO EXPECT FROM THIS WORKSHOP

- A peer-to-peer learning process committed to introducing and educating parents on protective factors that keep families strong.
- Knowledge and skill-building around the identified protective factors through Q&A discussions and activities.
- Tips and trick
- Community building amongst participants through shared experiences.

**TUESDAY
APRIL 22, 2025**

6:00 PM – 7:00 PM

JACKSON-REED COLLEGE & CAREER CENTER

REGISTER HERE

