

Sexual Assault Awareness and Prevention Month

JACKSON-REED WELLNESS TEAM

Sexual Assault Awareness and Prevention Month

- ▶ SAAM is recognized in April to raise awareness to the public and educate individuals on how to prevent sexual assault.
- ▶ Embrace your voice, show support for survivors, stop victim blaming, promote consent, and correct harmful misconceptions about sexual violence.

What is Sexual Assault?

- ▶ Sexual assault is a broad term and includes rape, incest, child sexual abuse, human trafficking, unwanted sexual contact, sexual harassment, voyeurism, and sexual exploitation. *(NSVRC, 2017)*
- ▶ Sexual violence happens when a person is forced or manipulated into non-consensual sexual activity.
- ▶ Individuals who are sexually violent can be strangers, but more commonly they are people you know.

Sexual Violence Prevention



Engaging in healthy conversations, participating in programs, advocating for policy change, and becoming more knowledgeable about consent, safe behaviors, and healthy relationships can help to establish communities where individuals feel safe, respected, and heard.

Where do you go if you need to talk to a mental health professional?

DBH Clinical Psychologist (Room 103a)

MBI Care Coordinator (Room 103f)

Social Workers (Suites 200, 300 & 400)

School Professional Counselors (Suite 105)

Expansion Clinician from Mary's Center (Room A203c)